

Briefs . . .

Command Information Meetings

The post community is invited to Fort Sam Houston’s Command Information Meetings. The meetings will be held Wednesday from 1 to 2:30 p.m. at the Roadrunner Community Center (sign language interpreter will be available); June 15 from 9:30 to 11 a.m. at the Evans Theater, Building 1396; and June 8 from 9:30 to 11 a.m. at Camp Bullis, Building 5000.

Army Birthday, Flag Day celebration

Fort Sam Houston will celebrate the Army’s 231st birthday and 230th Flag Day June 14 at 10 a.m. at the Fifth Army Quadrangle. U.S. Army North Commander Lt. Gen. Robert Clark will host the event. The celebration will include Soldiers dressed in period uniforms presenting battle streamers to USARNORTH Command Sgt. Maj. George Nieves. Mary Carolyn Hollers George, author of “The Architectural Legacy of Alfred Giles,” which includes a chapter on the Stilwell House, will also speak at the event.

Harry Wurzbach gate opens

The Harry Wurzbach East Access Control Point, adjacent to The Towers, opened for 24-hour entry Saturday. The Winans and Nursery ACPs also returned to normal operations Saturday, and are opened from 4:30 a.m. to 10 p.m.

Student spouse open house

Army Family Team Building will sponsor an open house for student spouses Monday from 10 to 11 a.m. at the Roadrunner Community Center, Building 2797. The open house will acquaint student spouses with Fort Sam Houston, San Antonio and the benefits and activities available. Children are welcome. For more information, call Amy Malec at 221-1132 or Sue York at 221-9821.

Audie Murphy induction ceremony

A Sergeant Audie Murphy Club induction ceremony will be held June 23 at 4 p.m at the Roadrunner Community Center, Building 2797. For more information, call Sgt. 1st Class Brande Dietrich at 221-0240 or Sgt. 1st Class Isaac Day at 916-5991.

Annual HIV training

Fort Sam Houston, Camp Bullis and Brooke Army Medical Center personnel can schedule their annual HIV training by calling Debra Spencer, of the Department of Preventive Medicine, at 926-5216 or 295-2326.

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Photo by Elaine Wilson

In remembrance

Retired Lt. Col. Sue Brannon plays traditional bagpipes as she leads a procession of people from military, civic and veterans organizations during the Memorial Day ceremony at the Fort Sam Houston National Cemetery. The participants are carrying wreaths that will be laid in the “Circle of Flags” to honor fallen service members. See related story and photos on Pages 14 and 15.

264th Medical Battalion welcomes new commander

By Esther Garcia
Fort Sam Houston Public Affairs Office

Elements of the 264th Medical Battalion assembled on MacArthur Parade Field May 24 to witness the change of command ceremony between Lt. Col. Erin P. Edgar and the incoming commander, Lt. Col. William LaChance.

“This is not the same unit that Lt. Col. Edgar assumed command of two years ago. It has been redesignated from the Academy Battalion to a numbered battalion with a long history of wartime accomplishments,” said Col. Bradley Freeman, commander, 32nd Medical Battalion, and host for the ceremony.

Freeman said the battalion has also changed its composition and mission. The former Academy Battalion did not have students and drill sergeants and was a support battalion.

Now, it is a training battalion with all the personnel resources to train the world’s best warrior medics.

Freeman said Edgar not only merely experienced this major reorganization but was in fact the project officer and architect for the brigade’s entire reorganization project.

“The initial results have exceeded our expectations,” said Freeman.

Freeman said combining the cadre, students and instructors in the same unit has created a synchronization of effort that enhances communication and teamwork.

“One thing that hasn’t changed with this organization is that the warriors out in the parade field are also champion athletes. This unit has won the installation commander’s sports cup award for three consecutive years. They are truly winners,” said Freeman.

See **NEW COMMANDER** on Page 4

Realistic scenario adds to warrior training

By Esther Garcia
Fort Sam Houston Public Affairs Office

Preparing a Soldier that might be deployed to Iraq or Afghanistan is what the 187th Medical Battalion’s Task Force Warrior training is all about.

A total of 70 students attending courses with the 264th and 187th Medical Battalion in a variety of medical occupational specialties such as animal health technicians, behavioral health specialist and patient administration recently completed the monthly field training exercise at Camp Bullis.

The three-day rotation exercise, from May 19 to 21, included convoy training,

which involved an ambush and encounters with improvised explosive devices; the proper procedures for handling an IED; how to mount a vehicle; military operations on urban terrain site; and a two-mile road march. The Soldiers were also required to zero weapons and qualify with their weapons in the foxhole and prone positions.

“We are the first Army unit to use the new military operation on urban terrain site here at Camp Bullis,” said Capt. Deon Maxwell. The new training site contains single and multistory buildings, and resembles a small town.

During the training, Soldiers dressed as civilians are scattered throughout the village. Several of the civilians are pray-

ing. The sound of the Muslim prayer coming from a loudspeaker adds to the realism of the village. “It is a real Muslim prayer recorded by a Soldier previously assigned here who is Muslim,” said Maxwell.

Before the students can enter the town to capture a hostile and save a prisoner of war, they have to meet the mayor of the town. As the Soldiers finally enter the town, civilians begin running towards them begging for food and grabbing their bags. As the Soldiers yell for the civilians to back off, gunfire erupts and everyone runs in different directions. This scenario teaches the students how to react to

See **WARRIOR TRAINING** on Page 4

Military evaluations to be prepared online

By Jan Swicord
Human Resources Command

WASHINGTON — The U.S. Army Human Resources Command Evaluation Systems Office is about to announce an effective date for a new regulation and pamphlet covering Military Evaluation Systems: Army Regulation 623-3 and Pamphlet 623-3.

These references update policy, procedure and specific forms used in officer,

NCO and academic evaluation reporting systems. A recent military personnel message (#06-119) laid out an implementation timeline for revised forms and highlighted specific policy changes within each system.

As a major change, the revised regulation allows people to electronically prepare evaluation forms using an Army Knowledge Online My Forms site and route them between rating officials with digital signatures, then forward to Headquarters, Department of Army for final processing.

The site and forms, currently being tested, are expected to be available this month. Features and functions of the site will change administrative processes at the lowest unit levels.

“Soldiers love that routing individual forms is easy and does not require special packaging or e-mail,” said Lt. Col. Joseph Byers, officer evaluation reporting system policy.

Users will be able to route individual or multiple forms in a specifically named

folder with just a few steps. The AKO site will also offer easy tracking of forms, the option to add administrative comments to a form or folder of forms, and the history of any form or folder of forms with data on who has seen or acted on it.

For more information and training slides, visit the Evaluation Systems Office Web site at <https://www.hrc.army.mil/site/active/TAGD/MSD/ESO/eso.htm>, call 703-325-9660 or DSN 221-9660, or e-mail tapcmse@hoffman.army.mil.

Knowledge Management Program seeks nominations

By Marvin D. Wages
Knowledge Management,
Chief Information Office

WASHINGTON — The Army Knowledge Awards Program is accepting nominations through June 30.

The program recognizes outstanding Army Knowledge Management initiatives that improve situational awareness and decision making through enterprise solutions.

“Knowledge Management is part of the Army’s transformation to a network-centric and knowledge-based force,” said Lt. Gen. Steven W. Boutelle, chief,

Army Chief Information Office, the proponent for the program.

The award categories are: Knowledge Transformation Initiative, Enterprise/Cross-Functional Solution, e-Army/e-learning Initiative and Knowledge Management in Battle Command. Selection criteria include collaboration, impact, transformation and integration with Army Knowledge Online.

Initiatives could be enhanced collaborative processes that improve warfighter or organizational decision making, learning and development. Or, they could incorporate the use of technology

and re-engineering to achieve process transformation, i.e. improving operational effectiveness and the flow of products, services and knowledge to the user.

The awards will be presented during the annual LandWarNet Conference Aug. 22 to 24 in Fort Lauderdale, Fla.

For nominations, visit AKO at <https://www.us.army.mil/suite/portal.do?Sp=243568> or the Chief Information Office Web site at <http://www.army.mil/ciog6/akm.html>. For more information about the Army Knowledge Awards Program, call 703-602-2046 or e-mail ak.awards@us.army.mil.

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



Have feedback for a post customer service provider?

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

Fort Sam Houston News Leader

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Purple hearts awarded at BAMC ceremony

By Michael Dulevitz

Brooke Army Medical Center Public Affairs

At a Brooke Army Medical Center Purple Heart ceremony May 16, an Army medic was awarded his third Purple Heart, while another medic and two infantrymen received Purple Hearts for their injuries sustained from blasts in Iraq.

The Soldiers receiving the medals were Staff Sgt. Jose G. Ramos Jr., Sgt. Kofi F. Antwi, Sgt. David L. Flores and Spc. Michael B. Briggs.

BAMC Commander Brig. Gen. James K. Gilman presided over the ceremony.

"It is an honor and a privilege for me to present the Purple Heart to these four outstanding Soldiers today," said Gilman, adding that although all the Purple Heart recipients were Soldiers today, there were 61 Marines at BAMC creating a "warrior tradition, not just a Soldier tradition."

Gilman shared some thoughts by retired Gen. Barry R. McCaffrey, who recently visited the deployed troops in Iraq. Writing to senior military leadership, McCaffrey concludes, "The morale, fighting effectiveness and confidence of U.S. combat forces continue to be simply awe-inspiring. In every sensing session and interaction, I probed for weakness and found courage, belief in the mission, enormous confidence in their sergeants and company grade officers, an understanding of the larger mission, a commitment to creating an effective Iraqi army and police, unabashed patriotism and a sense of humor."

McCaffrey said all of the Soldiers, NCOs and young officers were volunteers for combat, with many on their second, third or fourth combat tour. "Their comments to me were guileless, positive and candidly expressed their love for their fellow Soldier," McCaffrey wrote.

McCaffrey said that Soldiers routinely encounter sniper fire, mortar and rocket attacks, and constantly face improvised explosive devices on movement. Although many Soldiers have seen buddies killed or wounded, he said the Soldiers are "the toughest Soldiers we have ever fielded."

Gilman brought a piece of metal that serves as a reminder of why the military is engaged in the Global War on Terrorism.

"It is a piece of metal reclaimed from the structural steel of the World Trade Center," he said. Gilman said he had the privilege of meeting with six relatives of individuals that lost their lives in the buildings Sept. 11, 2001. He said the steel "is a memorial to those that died on 9-11, and is a constant reminder to us all – to include these four men, those in the audience and those serving in Iraq and Afghanistan – of what it's all about."

Ramos, a Texas National Guard infantryman assigned to A Company, 3rd Battalion, 141st Infantry Regiment, 36th Infantry Division, was injured March 9 outside of Musaqla, Afghanistan, when his unit was ambushed. Ramos sustained two wounds in his right forearm. Ramos hopes to retire from the Guard and spend time with his family.

Antwi, a medic assigned to Headquarters



Photo by Kelly Schaefer

(From left) Staff Sgt. Jose G. Ramos Jr., Sgt. Kofi F. Antwi, Sgt. David L. Flores and Spc. Michael B. Briggs display their Purple Heart Medals May 16 during a ceremony at Brooke Army Medical Center. The medal was the third Purple Heart for Antwi, an Army medic.

and Headquarters Company, 1-7 Cavalry Medical Platoon, Fort Hood, Texas, received his third Purple Heart. Antwi was returning from patrol near Baghdad when an IED exploded near his vehicle wounding him in his right leg. Antwi would like to continue to work as a health care specialist with the Veterans Administration.

Flores, a medic assigned to C 1/8 Infantry, 3rd Brigade Combat Team, Fort Carson, Colo., was injured March 13 while on patrol near Balad. His vehicle

was hit by an IED. He sustained shrapnel wounds to his lower extremities. Flores would like to go back to school to become a physician.

Briggs, an infantryman assigned to B Company, 1/327th, 101st Airborne Division, Fort Campbell, Ky., was injured March 8 while on patrol near Hawijah, Iraq. A rocket-propelled grenade hit the vehicle he was in and set it on fire. Briggs sustained second and third degree burns. Briggs would like to finish college and become a policeman.

Thousands attend outdoor symphony concert

Story and photos by Esther Garcia

Fort Sam Houston Public Affairs Office

An estimated crowd of 6,000 attended an outdoor concert by the San Antonio Symphony Sunday evening at MacArthur Parade Field.

The concert was the final one of the season for the San Antonio Symphony, part of the "Sounds of Summer" concert series.

The parade field was quickly covered in a sea of tents, umbrellas, blankets and chairs. Families, young and old,



Marilyn DeOliveira, cello player for the San Antonio Symphony, provides a cello lesson to Bethany Schaaf at the instrument "petting zoo" exhibit. Children had the opportunity to try out the different instruments with the help of orchestra members during pre-concert activities.

positioned themselves in front of the large stage eagerly waiting for the Tobin Endowment Concert to begin.

Those who could not attend were able to see the concert on KLRN from the comfort of their homes as the concert was being televised live by Time Warner Cable.

Pre-concert activities included an instrument "petting zoo," where members of the orchestra assisted children in playing instruments. Time Warner and Rumbo exhibits gave away free T-shirts, fans and other items.

Brig. Gen. P. K. Keen, commander, U.S. Army South, thanked David Cho, the resident conductor of the San Antonio Symphony, for bringing back the symphony to Fort Sam Houston.

"As we listen to the performance tonight on this Memorial Day weekend, please remember those braves Americans who have dedicated their lives to serving our nation and continue to do so on battlefields around the world," he said.

The concert began with "The Star-Spangled Banner." Cho then entertained the crowd with the sounds of "Liberty Fanfare," "Fantasy on American Themes," "Tie a Yellow Ribbon Round the Ole Oak Tree," "Hoe Down from Rodeo," "The Cowboys Overture," "Superman March" and Disney's "The Lion King Orchestral Suite."

"As an amateur musician, I am thrilled to have this level of performance on Fort Sam Houston and just being able to sit down on a beautiful evening — one of many reasons I love San Antonio," said Frank Berlingis.

Retired Lt. Col. Bruce Ashley and his wife,



David Cho, San Antonio Symphony conductor, salutes the crowd following his rendition of "Hoe Down from Rodeo." More than 6,000 people attended the concert at MacArthur Parade Field.



(From left) Damian Ruiz, Jocelyn Sanchez, Sarah Potter and 2-year-old David with his father, Frank Rodriguez, assigned to the National Guard, show off the Disney character tattoos they received Sunday during pre-concert activities at MacArthur Parade Field.

See **SYMPHONY** on Page 5

New commander

Continued from Page 1

Addressing members of the 264th, Freeman concluded his speech with, “We have changed your name, changed your mission and changed your commander. It is now time to take it to the next level. Keep up the fire!”

“I can honestly say that in the two years of being with this wonderful unit I have not had a bad day. Yes, there have been challenges, but there is always somebody to lift me up. The wonderful people in this organization who have the mission of training warrior medics day in and day out made this job a wonderful experience,” said Edgar.

Edgar will be leaving for Fort Bragg, N.C., to assume command of a combat support hospital.

LaChance said he is thrilled to be part of the 32nd Medical

Brigade and said he looks forward to the fellowship that lies ahead.

LaChance entered military service in March 1984 with enlistment in the Rhode Island National Guard. He served as an enlisted member of the 169th Military Police Company, Westerly, R.I., until receiving a ROTC scholarship at the University of Rhode Island. In 1988, LaChance completed the ROTC program as a distinguished military graduate and earned a regular Army commission in the Medical Service Corps.

LaChance has held a variety of command and staff positions throughout his service. Highlights include: executive officer, Headquarters and Headquarters Company, 46th Combat Support Hospital, Fort Devens, Ma.; flight section leader and flight operations officer, 36th Medical Detachment (Air Ambulance), U.S. Army Reserve, Fort Douglas, Utah; executive assistant to the Army surgeon general and commanding general, U.S. Army Medical Command at the Pentagon; and commander, 571st Medical Company (Air Ambulance), Fort Carson, Colo., and Operation Iraqi Freedom.

LaChance last served as chief, financial systems, assistant chief of staff resource management, U.S. Army Medical Command at Fort Sam Houston.

The ceremony concluded with the pass in review that included all the elements of the 264th Medical Battalion and the playing of the Army song by the U.S. Army Medical Command Band under the direction of Chief Warrant Officer William Brazier.



Capt. Timothy Hardy salutes for C Company, 264th Medical Battalion, during the pass in review, the final event for the battalion change of command ceremony May 24 at MacArthur Parade Field.



Photos by Esther Garcia
Lt. Col. Erin Edgar receives the 264th Medical Battalion colors from Command Sgt. Maj. Cornell Richardson as he prepares to relinquish command of the battalion to Col. Bradley Freeman (far left), commander, 32nd Medical Brigade. The incoming commander is Lt. Col. William LaChance (center).

Warrior training

Continued from Page 1

non-hostile civilians.

“The civilians on the battlefield, which are non-hostile, are just like they would be in Iraq or Afghanistan. They need water, food and have small items to try and sell to the Soldiers,” said Maxwell.

As the students enter the town, they are required to secure two buildings, capture the hostiles, evacuate a prisoner of war from a hostile and medically evacuate one of the injured snipers. The students learn the proper techniques to enter and leave a building avoiding sniper fire and hostile civilians.

Maxwell said most of the Soldiers playing the opposition force or civilians have been deployed. They are prior-service students who have experience and have dealt with Iraqi civilians and the taking of prisoners of war. They understand

their roles, he said.

“We hope that when the students leave here and go to their training units and get deployed, they have seen an example, have been well versed and have some understanding of the culture they will be facing in Iraq or Afghanistan,” said Maxwell.

“This training will help us know what to expect if we go to Iraq. We need more training dealing with civilians,” said Pfc. Greg Lindsey, who is assigned with the National Guard.

“The Air Force paid for this site out of their dollars, and it is just an example of co-use and joint use as a move toward Base Realignment and Closure. To put it in perspective, they are allowing us to coordinate and work with range control to use the range as much as possible for our units. It has been a success story all around,” said Lt. Col. Patricia Darnaur,



Photos by Esther Garcia
Soldiers practice mounting and dismounting a vehicle before continuing with convoy operations as part of the Task Force Warrior training exercise at Camp Bullis. While on the convoy, the Soldiers experienced an ambush and improvised explosive devices along the way.



Soldiers assigned to the 264th and 187th Medical Battalions prepare to enter a building to capture hostiles and save a prisoner of war as part of the military operations on urban terrain training at Camp Bullis. The new training site contains single and multistory buildings, and resembles a small town.



Soldiers encountered hostile and non-hostile civilians and snipers, played by Soldiers assigned to the 32nd Medical Brigade, at the military operations on urban terrain.

Changes of command

Headquarters Company, 32nd Med. Bde.

Capt. Edward Schupbach will relinquish command of Headquarters Company, 32nd Medical Brigade to Maj. Eric Wallis during a change of command ceremony Friday at 9 a.m. at the main post flagpole.

San Antonio Recruiting Battalion

Lt. Col. John Keenan will relinquish command to Lt. Col. Rene Brown during a change of command ceremony Friday at 10 a.m. at the Quadrangle.

B Company, 264th Medical Battalion

Capt. Marc Raciti will relinquish command of B Company, 264th Medical

Battalion to Capt. Jenny Stewart Friday at 5:30 p.m. at the MacArthur Parade Field.

228th Combat Support Hospital

Col. Lester McGilvray will relinquish command of the 228th Combat Support Hospital to Col. Purry Wacker during a change of command ceremony Saturday at 11 a.m. outside of Building 3540, 3670 W.W. White Road.

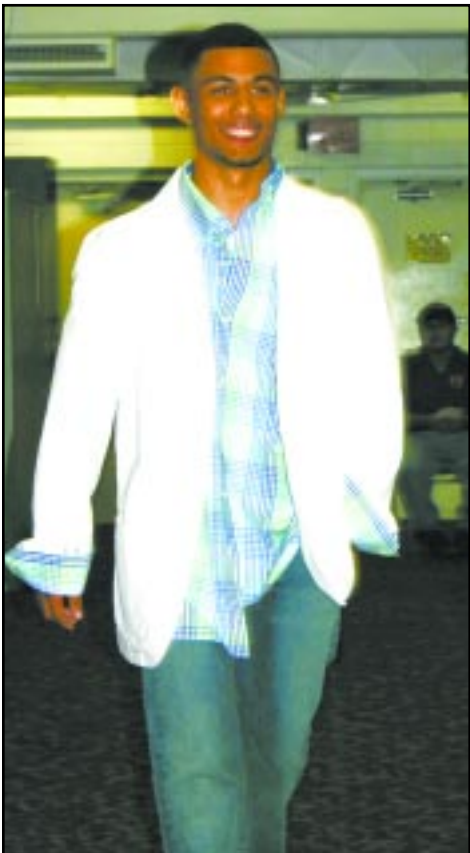
5501st USAH

Col. Mary Gomez will relinquish command of the 5501st U.S. Army Hospital to Lt. Col. Mark Gibson during a ceremony Sunday at 10 a.m. at Blesse Auditorium.

Military spouses remain proud, strong

Story and photos by Yolanda Hagberg
Fort Sam Houston Public Information Office

In the old days there was a saying, “If the military had wanted you to have a spouse, they would have issued you one.” Well, America’s military has realized and acknowledged the significance of the military spouse.



Kelly Jones, sponsorship and advertising sales manager, Morale, Welfare and Recreation, strolls down the Roadrunner Community Center runway modeling the latest in men’s fashions during the Army and Air Forces Exchange Service fashion show at the Military Spouse Appreciation Day event May 25.

In 1984, President Ronald Reagan proclaimed the Friday before Mother’s Day of each year to be Military Spouse Appreciation Day. Fort Sam Houston hosted a series of military spouse appreciation events that culminated with a ceremony May 25 at the Roadrunner Community Center.

“I stand before you a very proud spouse,” said Joan Weightman, keynote speaker for the event. “When someone asks me, ‘what do you do?’ I’m proud to say, ‘I’m a military spouse.’”

Weightman spoke of her personal experiences as a military spouse and of the military family support that exists within the community. She talked about her experiences with raising a family in the military and about helping neighbors.

“We (spouses) have faith because we have to. Every morning when my husband puts his uniform on, I know he will be taken care of.” Faith gives us the strength and God wants us to be strong,” Weightman said. She concluded by saying that being a military wife has been a labor of love and she would not trade it for anything in the world.

“The military is one of the greatest supports systems,” said Carolyn Wafford, a spouse of 11 years, whose husband, 1st Sgt. Dwight Wafford, is assigned to C Company, 187th Medical Battalion. She also enjoys the lifelong friends she has made while in the military.

Unlike the Soldier who takes the Army oath to support and defend the Constitution of the United States against all enemies, foreign and domestic, the military spouse does not. Yet they serve besides those in uniform, selflessly relocating and establishing new homes, assuming new responsibilities at each assignment and making new friends. They understand long hours, exercises and



Helen Butts, a cosmetic representative from Elizabeth Arden products at Army and Air Force Exchange Service, discusses makeup and cosmetic products with Carolyn Wafford, a military spouse of 11 years. She is holding her friend’s son, 20-month old Zachary Larvins, at the Military Spouse Appreciation Day ceremony May 25.



Theresa Medellin, a registered nurse and massage therapist, gives Kathrine Maple a shoulder and arm massage at the Military Spouse Appreciation Day activities May 25 at the Roadrunner Community Center.

deployments and provide the strength to drive on when duty calls.

The Military Spouse Appreciation Day event also included lunch, an Army and

Air Force Exchange Service fashion show, free therapeutic massages, blood pressure screening, and exhibits by AAFES vendors and Morale, Welfare and Recreation.



‘Sportsmen Saying Thanks’

(Above) Keith Warren, Outdoor Adventures host and organizer of “Sportsmen Saying Thanks,” presents Spc. Chris Lively and Cpl. Chris Castillo with compound bows at the Soldier and Family Assistance Center. Warren, who produces two popular national outdoor sporting programs, also agreed to conduct archery training for the Soldiers at the post indoor and outdoor archery ranges. The organization recently donated \$10,000 to support SFAC programs for military patients undergoing treatment and rehabilitation and their families.

(Right) Roger Bales, of Outdoor Adventures, presents Staff Sgt. Michael Hale with the latest high-tech fishing reel. The organization recently hosted its second annual Texas-style barbecue dinner at the Soldier and Family Assistance Center. More than 100 hunters and anglers traveled to San Antonio to put on a “Sportsmen Saying Thanks” Texas-style barbecue in honor of wounded troops recovering at Brooke Army Medical Center.



Photos by Phil Reidinger

Symphony

Continued from Page 3

Alba, are San Antonio Symphony followers. Ashley said he used to play the trumpet many years ago when he attended Norwich University in Northfield, Vt. Both described the evening as “beautiful, lovely and fantastic.”

Families and friends of Victor Torres sat on blankets eating fried chicken as the symphony played. “This is a nice outdoor event, very wholesome,” said Torres. “I hope this continues.”

The concert ended with the “1812 Overture” and “The Stars and Stripes Forever” with cannon fire provided by members of the Special Troops Battalion, and a colorful display of fireworks.



Photo by Esther Garcia

Members of the Special Troops Battalion Honor Battery provided cannon support for the Tobin Endowment Concert Sunday at MacArthur Parade Field. Led by Staff Sgt. Samonie Oliver, the cannons accompanied the “1812 Overture” and “Stars and Stripes Forever,” performed by the San Antonio Symphony.

Lincoln Military Housing clarifies move-out requirements

In the military, warmer temperatures signal the start of permanent change of station season. Residents of Fort Sam Houston Family Housing with assignment instructions must provide Lincoln Military Housing with the following information:

- Written notice of intent to vacate a minimum of 30 days prior to move-out date.
- A copy of PCS orders if orders do not allow for a 30-day notice.
- A 30-day written notice is required if the resident wishes to move out upon expiration of the Family Housing Occupancy Agreement.

Upon acceptance of the notice to vacate, LMH will schedule a pre-inspection walk-through by an LMH representative and the sponsor, spouse or designated representative. The pre-inspection will be scheduled 10 days from the date of receipt of a notice to vacate.

The original move-in condition form will be used during the pre-inspection to ensure noted deficiencies are not charged to the resident upon move-out. The pre-inspection will clarify normal wear and tear expected versus excessive wear. At the end of the pre-inspection, the resident will be informed of any potential charges that may be assessed if damage identified and noted repairs are not

completed prior to move-out. Residents are financially responsible for damages to the home beyond normal wear and tear.

It is the resident’s responsibility to submit service requests for damages identified during the inspection prior to the final inspection. Residents should immediately report all losses or damages affecting their home or community to the “Lincoln at Your Service” service line at (888) 578-4141.

Residents will also be provided a list of minimum cleaning standards. Residents can hire a company to clean the home at their own expense, provided the vendor is able to finish cleaning before the final walk-through and meet standards identified during the pre-inspection.

The move-out date is when residents return issued keys and remotes to an LMH representative. All personal belongings must be removed from the home at that time. A final inspection will be completed with residents on their last day of occupancy. The final inspection will be a walk-through to check off items noted during pre-inspection to ensure completion and that no new damage has occurred.

Damages beyond normal wear and tear noted during the final inspection will



be documented. The extent of the damage will be detailed and a final accounting of any outstanding damages will be completed immediately after the final inspection.

Residents must pay all outstanding balances in full to LMH or create a payment plan within seven days of move-out.

For more information, call the LMH office at 270-7638.
(Source: RCI Office)

Water-saving tips

- Avoid installing ornamental water features and fountains that spray water into the air. Trickling or cascading fountains lose less water to evaporation.
 - Use a commercial car wash that recycles water.
 - Don’t buy recreational water toys that require a constant flow of water.
 - Turn off the water while you brush your teeth and save four gallons a minute. That is 200 gallons a week for a family of four.
 - Buy a rain gauge to track how much rain or irrigation your yard receives. Check with your local water agency to see how much rain is needed to skip an irrigation cycle.
- (Source: Fort Sam Houston Environmental Office)



Cole graduates earn more than \$6 million in scholarships

By Dr. Gloria Davila

Fort Sam Houston Independent School District

The 66 graduating seniors in the Robert G. Cole High School class of 2006 were honored Saturday at Trinity University's Laurie Auditorium.

The graduating seniors generated more than \$6 million in scholarship offers, more than any other graduating class in the history of the high school.

After the senior class entered the auditorium in a formal graduation procession, Cole Junior ROTC cadets posted the colors and senior William Molina led the audience in the Pledge of Allegiance.

Student Council President Amy Rarig, Senior Class President Amanda Bray and Valedictorian Caitlin Gresenz presented a pictorial tribute to the senior class called "The Past, Present, and Future" that celebrated its unique personality, variety of experiences and numerous accomplishments. The multimedia presentation was prepared by graduating seniors Anne Guymon and Kayla Terry.

One of the evening's highlights occurred when Fort Sam Houston Independent School District Board of Trustees President Keith Toney accepted Cole Principal Dr. Roland Rios' certifica-

tion that the seniors assembled had met all state and district requirements for a high school diploma and declared them graduates of Robert G. Cole High School.

Senior James Raymond thanked members of the senior class' parents, families and Cole faculty for the help and support given to the graduates during their high school career. Bray presided over the class' formal tassel turn, signifying that the seniors were now high school graduates.

Cole's senior class had 26 honor graduates who were presented their honor graduate medals by their parents. These seniors were granted the honor of wearing a gold graduation robe.

Earning Summa Cum Laude honor graduate status were Gresenz and Rarig. To earn this distinct status, students must maintain a grade point average of 100 or above during the four years of high school.

Magna Cum Laude honor graduate status was achieved by Elizabeth Bagg, Bray, Brittany Fryson, Joshua Heaney, Leah Morris, Alisha Saddler and Jaimie Siegle. These students maintained a grade point average of 96 to 99 for all classes taken during their four-year high school career.

Seventeen Cole students graduated with Cum Laude honors, which is a distinction earned by students who maintain a grade point average of 90 to 95 for all classes taken during their high school career. Cum Laude graduates included Owen Black, Constance Davis, Robert Dillard Jr., Ashley Hatton, Shaunteia Johnson, Stephen Lagutchik, Beatrice Langford, Matthew Newcomer, John Millnik, James Raymond, Steven Rhodes, Jason Cody Oswald, Sara Marina Salisbury, Brittany Swiger, David Thompson II, Jason West and Hailey Wiseley.

Faculty sponsors of the senior class were Christine Guerrero, Rita Hansen, Nancy Hildenberg, retired



Courtesy photos

Caitlin Gresenz (center), Robert G. Cole Jr./Sr. High School 2006 valedictorian, is joined in a show of congratulations by (from left) Dr. Gail Siller, superintendent of Fort Sam Houston Independent School District; Brig. Gen. James K. Gilman, commander, Great Plains Regional Command and Brooke Army Medical Center; Maj. Gen. George Weightman, commander, U.S. Army Medical Department Center and School and Fort Sam Houston; and Col. Richard Agee, chief of staff, U.S. Army Medical Department Center and School. Graduation ceremonies were held Saturday at Trinity University's Laurie Auditorium.



Amanda Bray receives her honor graduate medal from her parents, Carlton and Pamela Bray, for achieving Magna Cum Laude status at Cole's graduation ceremonies.

Lt. Col. Robert Hoffmann, Dr. Martin McCall and Jackie Stott. Coordinating the graduation ceremonies were Cole administrators Dr. Roland Rios, Susan Hawkinson and Elizardo Hernandez; counselors Julie Coffey and Victoria Wood; and Dr. Dee Dee Lewis, special education campus coordinator.



Teofila Maldonado plants a kiss of congratulations on her son, Luis, as his father, Luis Maldonado, proudly looks on. Luis graduated Saturday, along with 65 other Cole graduates.



Senior Porsha LaVon Cordova smiles as Fort Sam Houston Independent School District Board of Trustees President Keith Toney presents her with her high school diploma.

Vet facility strives to identify stray pets



Pet owners should be aware of the animal control procedures at Fort Sam Houston, which are conducted in accordance with the Army Medical Department Center and School and Fort Sam Houston Regulation 40-3.

Provost Marshal personnel will capture stray animals and transport them to San Antonio Animal Control as set forth in the contract between San Antonio Metro Health Department and the U.S. Army Garrison. Before transporting animals to the San Antonio Metro Health Department, PM personnel will scan for a microchip to identify animals registered with the Fort Sam Houston Veterinary Treatment Facility.

San Antonio Animal Control then will impound stray animals for three days if the animal’s owner cannot be identified and 10 days if the animal is microchipped or has some other form of identification.

Using microchip identification, Veterinary Treatment Facility staff will attempt to contact the owners of the positively identified pets that resided on post prior to being taken to animal control.

People who live on post must register their pets at the Veterinary Treatment Facility. Additionally, the Veterinary Treatment Facility does not offer after-hour emergency services. If a pet needs attention after business hours, people should contact their civilian emergency veterinarian.

For more information, call 295-4260 Monday through Friday from 8 a.m. to 4 p.m. To view the regulation, visit http://www.cs.amedd.army.mil/rmb/sn_regulations/AMEDDCS_FSH_Reg_40-3_Control_of_Animals_and_Pets.pdf.

(Source: Fort Sam Houston Veterinary Treatment Facility)

Keep pets safe, healthy this summer

For many people, summer celebrations involve get togethers with family and friends for festive cookouts. While it may seem like a good idea to feed the family pet scraps of meat from the grill, in reality, some of the foods and products commonly used in the summer can be potentially hazardous to pets. To keep pets healthy and safe, the American Society for the Prevention of Cruelty to Animals Animal Poison Control Center offers pet owners a few safety tips:

- Never leave alcoholic drinks unattended where pets can reach them. Alcoholic beverages have the potential to poison pets.
- Do not apply sunscreen to pets or insect-repellent products not labeled specifically for animals. Ingestion of sunscreen products can result in gastrointestinal upset, excessive thirst and lethargy. The misuse of insect-repellent products containing DEET on pets can result in the development of neurological problems.
- Keep matches and lighter fluid out of reach. Certain forms of matches contain chlorates, which can potentially cause damage to blood cells and result in difficulty breathing, or even

kidney damage in severe cases. Lighter fluid can be irritating to skin, and if ingested can produce gastrointestinal irritation and central nervous system depression, and if inhaled can cause aspiration pneumonia and breathing problems.

- Keep pets on their normal diet. Any change of diet, even for one meal, may give pets severe indigestion and diarrhea. Foods such as onions, chocolate, coffee, avocado, grapes and raisins, salt and yeast dough can all be potentially toxic to pets.
- Keep citronella candles, insect coils and oil products out of the reach. Ingestion can produce stomach irritation and possibly even central nervous system depression. If inhaled, the oils can potentially cause aspiration pneumonia as well.

Pet owners who suspect their pet may have become exposed to a potentially toxic product or substance should contact their local veterinarian or the ASPCA Animal Poison Control Center at 888-426-4435.

For more information on poison-proofing homes, visit the “Make Your Pet’s Home Poison Safe” interactive feature at www.asPCA.org/apcc. (Source: ASPCA Animal Poison Control Center)

Army Community Service

Family Advocacy Program – June Class Schedule

Class	Dates	Time
B.E.A.M.S. (six-part series) (Building Effective Anger Management Skills)	Monday, 19 and 26	11 a.m. to 12:30 p.m.
B.E.A.M.S. (series 5 and 6)	Wednesday, 21 and 28	4:30 to 6 p.m.
Dad Difference	Monday and 12	2 to 3:30 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	Tuesday, 13, 20 and 27	9 to 11 a.m.
S.T.E.P. Program for Parents of School Age Children	8, 22 and 29	1 to 2:30 p.m.
Middle Way Parenting	8, 15, 22 and 29	5:30 to 7:30 p.m.
Stress Management	Tuesday	1 to 2:30 p.m.
Truth or Consequences?	Tuesday, 13, 20 and 27	4:30 to 6 p.m.
You and Your Baby	Wednesday, 21 and 28	8 a.m. to 12 p.m.
For more information, call 221-0349 or 221-2418 or visit www.fortsamhoustonmwr.com . Classes are open to all military, family members and DoD civilian ID cardholders.		

Brooke Army Medical Center

Health Promotion Center – June Class Schedule

Class	Date	Time	Place
* Asthma Management	Tuesday, 13, 20 and 27	2 to 3:30 p.m.	BAMC Health Promotion Center lower level, Room L31-9V
Cholesterol Management	14 and 28 Tuesday and 20	1 to 2:30 p.m. 10 to 11:30 a.m.	BAMC Health Promotion Center (Class is by consult only)
Diabetes Management	Monday and Tuesday	Call for information	BAMC, call Lila Kinser at 916-0794
Diabetes Management (Pre-Diabetes)	Wednesday and 21	Call for information	BAMC, call Lila Kinser at 916-0794
* Tobacco Use Cessation A	Monday, 12, 19 and 26	3 to 4:30 p.m.	Army Community Service, Building 2797, Stanley Road
* Tobacco Use Cessation B	Tuesday, 13, 20 and 27	5 to 6:30 p.m.	BAMC, fourth floor conference room, 413-11
* Tobacco Use Cessation C	today, 8, 15, 22 and 29	3 to 4:30 p.m.	BAMC, fourth floor conference room, 413-11
Weigh for Health (Weigh to Stay) Active Duty Military	Wednesday	2:30 to 3:30 p.m.	Call Nutrition Care at 916-7261
Yoga	Wednesdays	12 to 1 p.m.	BAMC, fifth floor, Room 531-14
* Call 916-9900 and choose option 4. For more information, call 916-3352.			

Sports Briefs . . .

‘For the Soldier’ golf tournament

The Alamo Chapter Association of the U.S. Army will sponsor the “For the Soldier” golf tournament July 17 at 1 p.m. at the Fort Sam Houston Golf Club. The tournament will help the chapter’s continuing efforts to provide support to Soldiers and community programs. People can sign up their team or enter individually at www.alamochapterausa.org. For more information, call retired Command Sgt. Maj. Carlos Correa at 771-3514.

Red, White and Blue tournament

A Red, White and Blue tournament will be held at the Fort Sam Houston Golf Club July 2 with a shotgun start time at 12 p.m. Door prizes will be awarded in addition to prizes for team, hole-in-one, closest to the pin and longest drive. The event is a two-person scramble, but players may sign up individually or as a pair. The cost for members is \$35; guests pay \$55. Registration fee includes golf cart, green fee, awards and dinner. The event is open to the public. For more information or to register, call the Golf Club Pro Shop at 222-9386.

Summer soccer

Soccer camp

The Alamo Heights Fort Sam Houston Summer Soccer Camp will be offered on the following dates:

- **June 19 to 23:** Full day camp 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165
- **June 26 to 30:** Half day camp 8:30 to 11:30 a.m. for under 5 to under 9, \$95; Half day camp 5:30 to 8:30 p.m. for under 5 to under 9, \$95; and Advanced camp 5:30 to 8:30 p.m. for under 10 to under 16, \$95.
- **July 31 to Aug 4:** Full day camp 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165; and team camps 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165.

The camp includes a free ball and T-shirt. For more infor-

mation, call 288-7071, e-mail sfirth@challengersports.com and reference the Alamo Heights Fort Sam Houston Summer Soccer Camp, or visit <http://www.ahfsh.org>.

Boxers, coaches needed

The Jimmy Brought Fitness Center seeks individuals interested in participating as boxers and coaches in Boxing at the Brought III. The event will be held in October. Boxers and coaches must be registered with USA Boxing and training 30 days prior to the event. Pre-registration and pairing of boxers will begin Sept. 28. For more information on USA Boxing registration and Boxing at the Brought III, call the Morale, Welfare and Recreation Sports Branch, Boxing Club at 221-1532 or 221-1342, or e-mail douglas.stanley@sam-houston.army.mil or john.m.rodriguez1@samhouston.army.mil.

Inner-tube water polo league

The co-ed and family inner-tube water polo leagues begin June 12 through Aug. 27. Teams in both leagues must consist of five players. Co-ed league teams must have at least two male or female players, and teams will play Tuesday and Thursday from 6 to 6:30 p.m. Family league teams must have at least three players under 16 years old and play Saturday and Sunday from 6 to 6:30 p.m. The cost is \$75 per team. For more information, call 221-4887 or 221-1234.

All-Army men’s softball camp

June 28 is the application deadline to participate in the 2006 All-Army men’s softball trial camp. The trial camp will be held Aug. 23 through Sept. 15 at Fort Sam Houston.



Photo by Esther Garcia

300 Club

(From left) Col. Bradley Freeman, commander, 32nd Medical Brigade, Drill Sgt. James Reese, Drill Sgt. Karen Branham, Drill Sgt. Amy Montgomery, Lt. Col. Joseph Malloy, Maj. Neil Nelson and Capt. Eli Lozano proudly show off their 300 Club T-shirts following their induction into the 32nd Medical Brigade’s 300 Club for Soldiers who “max” their physical fitness test.

Players chosen for the team will participate in the Armed Forces Championships held at Eglin Air Force Base, Fla., from Sept. 16 to 21 and in Oklahoma City, Okla., from Sept. 29 through Oct. 1. If interested, apply online at <https://armysports.cfsc.army.mil>. For more information, call Earl Young at 221-1180.

All-Army Women’s Softball Camp

The 2006 All-Army Women’s Softball trial camp will be held July 31 through Aug. 19 at Fort Indiantown Gap, Pa.

See **SPORTS BRIEFS** on Page 11

Sports Briefs . . .

Continued from Page 10

The application deadline is June 15. The Armed Forces Championship will be held Aug. 20 to 25 at Hill Air Force Base, Utah. Select teams will advance to national competitions. For more information, people can apply with their Army Knowledge Online account at <https://armysports.cfsc.army.mil>. For more information, call Earl Young at 221-1180.

Softball champs

Team #2, coached by Rene Rodriguez of U.S. Army South defeated Team #1 coached by Jamie Barann of 264th Medical Battalion. Players were selected by their respective coaches to compete against one another. Team #2 scored early and went on to beat Team #1 16 to 1. The game was an opportunity for players to showcase their skills against other players in the league.

Intramural Softball Standings

Team	W	L
264th Med. Bn.	9	2
USARSO	8	2
Bad News Bears (STB)	6	5
5th Army	4	2
BAMC	4	6
Fire Department	5	7
NMCRC	3	8
Band	1	10

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Pumped up
Soldier muscles his way to national competition

By Esther Garcia
Fort Sam Houston Public Affairs Office

Lawrence Marshall has always been interested in bodybuilding. He first started lifting weights using bottles of bleach when he was 8 or 9 years old. Living in Chicago, he knew that if he got big, he could keep bullies away from him.

Marshall joined the military 16 years ago and met Staff Sgt. Richard Rogers while stationed at Fort Huachuca, Ariz. Rogers invited Marshall to work out at the gym and noticed his wide back. He told Marshall it was the widest back he had ever seen and that he had the body for bodybuilding.

Arriving at his first duty station, Marshall remembered what his friend said, with only three weeks to prepare, Marshall entered his first bodybuilding competition in Wurzbach, Germany, and won second place in his weight class.

Marshall, now a staff sergeant assigned to D Company, 187th Medical Battalion, is an instructor with the Anatomy and Physiology Branch and a nationally ranked bodybuilding competitor. He recently placed fourth place in the Ronnie Coleman competition in Dallas. Coleman has been named Mr. Olympia seven times. Marshall is also a certified personal trainer with the National Academy of Sports Medicine.

“My goal is to become a professional bodybuilder,” said Marshall, adding that he hopes the Army will sponsor him in future competitions.

Marshall said he stays in shape by eating six small meals Monday through Saturday with a “cheat day” on Sunday.



Photo by Esther Garcia

Staff Sgt. Lawrence Marshall works his hamstrings with leg curls. He does six sets of 16 to 20 repetitions with 160 pounds.

“I eat everything baked or broiled. I eat nothing fried. My main meals are fish, chicken and turkey,” said Marshall.

Marshall said bodybuilding isn’t so much about getting bulky but “eating heavier but healthier.

“I teach my female clients that it’s about eating healthy and not about getting bulky,” he said.

“You are what you eat so I try to always eat healthy,” Marshall said, but admitted, “it was hard to go from eating cornbread and chitlins to baked and broiled chicken and fish. My weakness is cheesecake. If you want to break my diet give me cheesecake.”

Marshall said the key to success is motivation. “You can read a lot of books on diet, but the main thing is to stay motivated, stick with it and you will see long-term effects,” he said.

He attributes his own success to a combination of motivation and desire to help others. “I want to inspire people to get into fitness, to work out and eat right,” he said.



Courtesy photo
Staff Sgt. Lawrence Marshall flexes his muscles May 13 during the Ronnie Coleman Body Building competition in Dallas. Marshall won fourth place out of 120 competitors.

Religious Happenings . . .

11:01 worship service events

The 11:01 worship service will sponsor a men’s retreat Saturday and Sunday at MO ranch. Services are held at the Installation Chaplain’s Office next to Child and Youth Services, Building 2530 on Funston Road to the left of Burger King. For more information, e-mail Chaplain (Maj.) Yvonne Hudson at Yvonne.hudson@samhouston.army.mil.

Chapel youth group

The Fort Sam Houston chapel youth group meets Sundays from 5 to 7 p.m. at the Main Post Chapel. The group is open to seventh through 12th graders and is sponsored by the chapel congregations. The theme, “Where Faith and Life Meet,” is incorporated in fun activities, Bible applications and off-post events. Adults are invited to help and join in the fun. For more information, call Joanne Benson at 599-0157.

Officers’ Christian Fellowship

The Officers’ Christian Fellowship meets on the first and third Sunday of every month at 1008 Gorgas Circle, near the old Brooke Army Medical Center building. Study is from 4:30 to 7 p.m. and includes a home-cooked meal. Participants are studying “The Minor Prophets.” For more information, call Lt. Col. Robert Griffith at 226-1295 or 221-8857 or e-mail rgriffith3@satx.rr.com or robert.griffith1@amedd.army.mil.

Designated offerings

Designated offerings are accepted each quarter through the Installation Chaplain’s Office for different organizations. The designated offerings for the next quarter include: June 10 and 11, San Antonio Aids Foundation, Catholic and Protestant; and June 24 and 25, Retired Priest of Laredo, Catholic only.

Women’s summer Bible study

Protestant Women of the Chapel will hold a summer Bible study June 8, 15, 22 and 29 from 6:30 to 8 p.m. at Dodd Field Chapel. The study, “Extraordinary Women: Refresh Your Spirit,” will feature nationally recognized speakers on DVD, including Lois Evans, Ruth Graham, Michelle McKinney Hammond, Lisa Whelchel and Julie Clinton. Free childcare will be provided for children five and under. For more information, call Lois Griffith at 226-1295.

For the chapel services schedule, visit www.samhouston.army.mil/chaplain.



Photo by Phil Reidinger

OCSC awards scholarships

(From left) Thomas Meyer, Leah Morris, Caitlin Gresenz, Lacey Johnson, Ashley Johnson and Elizabeth Cantrell were awarded scholarships by the Officer and Civilian Spouses Club during a May luncheon at the Sam Houston Club. Thomas Meyer also received the First Command scholarship.

Asian Pacific American Heritage Month

Trivia contest answers for May 25

- 1. Ken Kashiwahara and Connie Chung, 1974. In 1993, Chung became the first Asian American to be a nightly news anchor for a major network (CBS).
- 2. Hiram Fong, 1959, one of Hawaii’s first two senators.
- 3. Julia Chang Bloch, 1989, appointed ambassador to the Kingdom of Nepal.
- 4. George R. Ariyoshi, 1974, governor of Hawaii. The first on the mainland was Gary Locke, elected governor of Washington in 1996.
- 5. Norman Yoshio Mineta, 1971, in San Jose, Calif.

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U.S. ARMY

Post Pulse: Now that school’s out, what are your summer plans?



“I want to visit my family in Florida and just have fun.”
Jazmine Lattimore, 12



“I’ll play basketball and swim.”
Charity Wiseley, 11



“I’ll do the summer reading program and visit family.”
Daryl Newton, 11



“I’ll probably just play basketball.”
Willie Hanard, 11



“I’ll swim at the pool and go to my grandma’s in Corpus (Christi).”
Amber Hutton, 12

Jump into summer

Jazmine Lattimore and Charity Wiseley jump into the pool Friday shortly after the Aquatic Center opened for the summer. The center, on Williams Road, includes a 50-meter Olympic-size swimming pool, three water slides, three full-time lap lanes, kiddy pool and playground.



Photos by Elaine Wilson



Nicole Hamm teaches 5-year-old Alexis Martin how to swim Friday at the Aquatic Center. The center is open daily from 12 to 8 p.m. For more information or to sign up for swim lessons, call 221-4887 or 221-1234.



Spotlight your unit

The Public Information Office welcomes articles, photos or story idea submissions for the Fort Sam Houston News Leader. To submit a story or idea or for more information, call 221-0615, e-mail news. leader@samhouston.army.mil or stop by the office in Building 124 (second floor).

A joint service procession marches to the "Circle of Flags," where they laid a wreath in honor of service members who paid the ultimate price for the nation's freedom.



Air Force Brig. Gen. Jan-Marc Jouas, keynote speaker and vice commander of the Air Intelligence Agency at Lackland Air Force Base, Texas, speaks about the courage and sacrifice shown by service members of the past and today.



Seven-year-old Seth Blocker holds a photo of his great-grandfather, Seaman 1st Class Clifford Lemke, a World War II Navy veteran. Seth was one of the attendees at the Memorial Day ceremony at the Fort Sam Houston National Cemetery.



Members of the San Antonio Native American Community pay tribute to warriors past and present.



A member of the Fleet Reserve Association rings a bell during a two-bell ceremony, a Navy tradition that honors fallen comrades.

Solemn tribute

Memorial Day ceremony honors fallen troops

Story and photos by Elaine Wilson
Fort Sam Houston Public Information Office

On a weekend packed with barbecues and swim parties, about a thousand people took time away from recreational pursuits to honor the true meaning of Memorial Day.

Americans from all walks of life – civilian and military, young and old – attended the Memorial Day ceremony at the Fort Sam Houston National Cemetery to pay tribute to service members who paid the ultimate price for freedom.

“The cost of freedom is here before us; it’s buried in that ground” said William McLemore, deputy assistant secretary for intergovernmental affairs for the U.S. Department of Veterans Affairs. “We can never forget those who surround us in quiet repose.”

Fallen service members were honored with a musical prelude from U.S. Army Medical Command Band, patriotic selections from the all-women’s Alamo Metro Chorus and a presentation of military wreaths by a variety of military, civilian and veterans organizations.

Along with warriors of the past, present-day heroes were acknowledged as well. When mentioned, wounded warriors recovering at Brooke Army Medical Center, many in attendance, received resounding applause and a standing ovation from the crowd.

“They’ve earned that and more,” said retired Chief Master Sgt. Tom Nesbit, master of ceremonies.

Nesbit said more than 1 million U.S. service members have served in Iraq and Afghanistan and played a part in liberating 30 million people.

“As I stand here today I think of those who have had the yoke of tyranny removed from their shoulders by the men and women who lie here side by side and hope that

they remember them as we do,” said Air Force Brig. Gen. Jan-Marc Jouas, keynote speaker and vice commander of the Air Intelligence Agency at Lackland Air Force Base, Texas.

“My own family, my parents, who were liberated from Nazi oppression by American Soldiers have never forgotten ... and never will.

“There is a saying that goes – ‘it is when we forget ourselves ... that we do things that are most likely to be remembered,’” Jouas said.

Jouas recalled the start of the Memorial Day tradition, which began in 1868 after the “tremendous bloodshed of the Civil War.”

“We remember them today, they and all veterans who never saw action but defended us nonetheless; we remember all who have worn the uniform of our nation and gone before us; we honor their sacrifices, we mourn their passing and we extend our prayers and gratitude to the loved ones they left behind,” he said.

“We feel sorrow and loss with every American casualty in this global war on terror,” Jouas said. “And we remember them and thank them, as we always will, on this day and every day that we bless our freedom as Americans.

“May our nation always be blessed by those who have the courage to stand up to oppression and evil.”

The ceremony also included an “Honors to Military,” a presentation of service banners and songs, and a Navy two-bell ceremony to honor past military sacrifices. The San Antonio Native American Community delivered a memorial to warriors with the playing of “Amazing Grace” and a warrior song that tells the story of a warrior leaving, dealing with battles and death, and then coming home and finding peace.



(Above) The U.S. Army Medical Command Band provides a musical prelude to the Memorial Day ceremony.



(Right) The Joint Service Color Guard prepares to post the colors at the start of the Memorial Day ceremony.



The all-women’s Alamo Metro Chorus sings a variety of patriotic songs for the crowd at the ceremony. The chorus is a chapter of Sweet Adelines International, a nonprofit women’s musical organization that sings four-part harmony in the barbershop style.



Maj. Gen. George Weightman, commander, Army Medical Department Center and School and Fort Sam Houston, grants permission for the Joint Service Color Guard to present the colors.

MWR hotline

Information about MWR events, activities and programs is available 24 hours a day at 295-3697 or visit www.fortsamhoustonmwr.com.

Community Recreation

Summer reading program

Registration for the summer reading program begins today at the Fort Sam Houston Library. The theme for 2006 is “Reading: the Sport of Champions!” Children in pre-school through eighth grade are eligible to participate. Participants can sign up at any time through July and try to read 10 or more books during the summer. The more children read, the more prizes they can receive. Participants can read books from any library or home collection. Prizes include new paperback books, book bags and bookmarks. For more information, call 221-4702 or 221-4387.

Equestrian summer youth camp

Register for the Equestrian Center Summer Youth Horsemanship Camp for youth ages 7 to 17. Camp consists of a one-week session held from 9 a.m. to 3 p.m. each day. Registration fee is \$175 (\$25 deposit required). For more information, call 224-7207.

Outdoor pool opens

The Aquatic Center is open daily from 12 to 8 p.m. starting Friday. For more information, call 221-4887.

Swim class registration

Registration for Red Cross swimming lessons are held from 11 a.m. to 7 p.m. at the Aquatic Center. Cost is \$35 per person for two-week lessons. Classes are Monday through Friday from 8:30 to 9:15 a.m. and 11 to 11:45 a.m. beginning Monday through Aug. 4. For more information, call 221-1234 or 221-4887.

Heart of Texas #1

The Heart of Texas #1 triathlon will be held Sunday and the Heart of Texas #2 will be held June 18. Both events begin at 7:30 a.m. at the Aquatic Center. For more information, call 221-2020 or 221-1234.

CAT I, II bow hunters stand selections

The CAT I bow hunters stand selection will be held Saturday, and the CAT II bow hunters stand selection will be held June 17 at the Camp Bullis Outdoor Recreation Center. For more information, call 295-7577.

Dining and Entertainment

Sam Houston Club, 224-2721

Family-style Sunday Brunch

The next family-style Brunch at the Sam Houston Club will

be held Sunday from 10 a.m. to 1:30 p.m. Brunch features a kids’ meal station, a chocolate fondue station, complimentary champagne and an international food station. Cost is \$13.95 for nonmembers, \$11.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and under eat free.

Father’s Day Brunch

Treat your dad to a Father’s Day Brunch featuring Texas-style barbecue June 18 from 10 a.m. to 1:30 p.m. at the Sam Houston Club. Cost is \$15.95 for nonmembers, \$13.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and under eat free. For more information, call 224-2721.

Big Bucks Bingo

Participate in the next Big Bucks Bingo Saturday at the Sam Houston Club. There is a \$10,300 guaranteed giveaway. Early bird start is at 10:30 a.m. Buy packs early to be eligible for door prizes. For more information, call 224-2721.

Bowling Center, 221-3683

‘101 Days of Summer’ bowling

Youth in kindergarten through 12th grade can earn up to 101 free games by participating in the “101 Days of Summer” bowling promotion through Sept. 4. Eligible youth will receive one free game of bowling with one paid game at the Fort Sam Houston Bowling Center. Each day a youth participates in the promotion, the youth will receive one game card. At the end of the promotion, participants can enter one of their game cards into a drawing for the chance to win a prize. Local prizes include a DVD player, an iPod Shuffle, video games and the soundtrack and book from the movie “Hoot.” The first place grand prize includes an all-expense paid trip for four to an Aly and AJ concert sponsored by Hollywood Records. The second grand prize includes a private screening of New Line Cinema’s “How to Eat Fried Worms.” For more information, call 221-3683.

Doubles Bowling Tournament

The Fort Sam Houston Bowling Center will host the Second Annual San Antonio Military Doubles Bowling Tournament Saturday and Sunday from 11 a.m. to 1:30 p.m. The tournament is open to all Department of Defense ID cardholders and their family members. First place prize is \$600. Cash prizes will be awarded for the first through fifth place winners. Prizes will be based on 50 team entries. Cost is \$35 per doubles team. To register, call 221-4740. The event is sponsored by First Command Financial Planning and Home Depot.

Eighties Day

Bowl for 80 cents a game and rent shoes for 80 cents every Sunday from 2 to 8:30 p.m. at the Fort Sam Houston Bowling Center. For more information, call 221-3683.

Family fun bowling

The Family Rent-A-Lane special is every Friday from 5 to 8:45 p.m. through Sept. 1 at the Fort Sam Houston Bowling Center. The cost is \$20 per lane, including unlimited bowling and shoe rentals. The offer is available to groups up to eight people. Smaller groups and individual bowlers can still enjoy unlimited bowling for \$5.95 every Friday from 9 p.m. to 12 a.m. For more information, call 221-3683.

Golf Club, 221-4388

Warriors Monthly Golf Scramble

Register one to four players for the Warriors Monthly Scramble held the first Wednesday of each month at the Fort Sam Houston Golf Club. Shotgun start is at 1:30 p.m. Entry fee is \$20 per person and includes cart rental, prizes and social following scramble. Participants must be in an authorized pass or leave status. Register at the Golf Club’s Pro Shop or for more information, call 222-9386.

Watering on Salado Course

Due to the renovation project, the Fort Sam Houston Golf Club will water the greens and tees on Salado Course from 6 a.m. to 8 p.m. daily. This phase of the project is expected to continue through October, which is the growth season. Reused water will be used to hydrate the greens and tees in accordance with the Water Use Reduction Program and Phase I Conservation Plan. Watering the landscape is essential to promote the natural growth of grass on the course. For more information, call the Golf Course at 221-5863.

Junior Golf Lessons

A Junior Golf Camp will be held Monday through June 9 and June 26 through 30 from 8 to 10 a.m. at the Fort Sam Houston Golf Course. The camp is for youth 7 to 16 years old of any level of experience. Cost is \$120. For more information and to register, call 355-5429.

‘Beat the Heat’ golf cart special

Members of the Fort Sam Houston Golf Club can purchase a Member Advantage Card and receive 10 individual 18-hole golf cart rentals at a discounted rate of \$100, a \$30 savings. This special members’ rate is available through July 31. Cards are available at the pro shop. For more information, call 222-9386.

Harlequin Dinner Theatre

The comedic production of “I Hate Hamlet,” by Paul Rudnick, is playing at the Harlequin Dinner Theatre. Tickets are \$23.95 Wednesdays and Thursdays and \$26.95 Fridays and Saturdays. The house opens for salad bar and cocktails at 6:15 p.m., the buffet is open from 6:30 to 7:30 p.m. and the show begins at 8 p.m. The box office is open from 12 to 5 p.m. weekdays and 1 to 5 p.m. Saturdays. Military discounts are available. For more information or reservations, call 222-9694.

MWR Ticket Office

The Ringling Bros and Barnum & Bailey circus is coming. Tickets are available for the June 15, 16, 17 and 18 shows. The MWR Ticket Office has extended its hours of operation through August and is open Tuesday through Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 2 p.m. For more information, call 226-1663 or 224-2721.

Military Idol search begins

The 2006 Military Idol competition is coming soon to Fort Sam Houston. All levels of talent are welcome to this Army-wide competition For more information, call Ben Paniagua at 224-7250.

Child and Youth Services

tion fee is required for membership. For more information, call Central Registration at 221-4871 or 221-1723.

Track registration

Registration for track is ongoing from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797. To register, parents must pay a \$75 activity track fee and bring updated immunizations for fifth graders and below, current sports physical and a current leave and earnings statement or pay stub. All participants must have a Child and Youth Services membership. For more information, call 221-4871 or 221-1723.

Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m.

Youth Services will pick up children from the school (either the elementary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services. The annual fee is \$18, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet June 20 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYC patrons are encouraged to attend. This is an opportunity to meet staff, learn of upcoming events and attend parent education opportunities.

Youth Services registration

Youth Services registration is Mondays through Fridays from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797, Stanley Road. Central Registration takes walk-ins and appointments. To register, parents need to bring current shot records, name and telephone number of two local emergency contacts, physical exam or well baby check completed within the last 12 months with physician’s signature affixed, child’s Social Security number and proof of total family income such as a current leave and earnings statement or pay stub. There is an \$18 annual registration fee per child, maximum \$40 per family of three or more registering participants. For more information, call Roxanne Lacy at 221-4871 or Arlene Alvarez at 221-1723.

Summer camp registration

Summer Camp registration for middle and high school teens, grades six through 12, is ongoing at the Roadrunner Community Center, Central Registration, Building 2797. Registration is required for camps even if currently using the program. A one-week non-refundable deposit will be required. A current Child and Youth Services membership is required to participate. For membership registration, parents must bring a current leave and earnings statement or pay stub and two local emergency designees. An \$18 registra-

Pre-kindergarten Jump Starter program

A Pre-K Jump Starter program will be held in the fall for patrons who would like a part-day enrichment program for preschool children, 4 and 5 years old. Please complete this survey and return it to the Fort Sam Houston Child Development Center or Central Registration office, Building 2797, Stanley Road, before July. Additional surveys are available at the Central Registration office. To participate, patrons must be registered with Child and Youth Services. For more information, call 221-4871 or 221-1723.

YES! I am interested in the Pre-K Jump Starter program for my child(ren) who are 4 to 5 years old.
_____ 5-day Pre-K Jump Starter program - Monday through Friday, 9 a.m. to 2 p.m.

_____	_____	_____
Child’s Name	Sponsor’s Name	Telephone Number
_____	_____	_____
Child’s Name	Sponsor’s Name	Telephone Number

Events

Rainbow Kids’ final performance

The Fort Sam Houston Rainbow Kids will officially disband after its final performance Saturday at the Rivercenter Mall in downtown San Antonio. The group will perform three mini-shows at 2, 3 and 4 p.m. The public is invited to this final group event. For more information, call Ron Joy at 348-8014 or 295-2093.

San Antonio Peacock walk

The Randolph Roadrunners Volksmarch Club will host a 5K and 10K walk in northwest San Antonio Saturday from 7 to 11 a.m. at the Trinity United Methodist Church, 6800 Wurzbach Road. The walk will finish by 2 p.m. For more information, call Ellen Ott at 525-8574 or e-mail ellenott@sbcglobal.net.

Fredericksburg’s walk, swim

The Volkssportverin Friedrichsburg Volksmarch Club will host a 5K, 10K and 20K walk in historic Fredericksburg, Texas, June 10 starting at the Visitors Bureau, 302 E. Austin St. The swim will be at the Lady Bird Johnson Municipal Park, 126 W. Main St. For more information, call Joyce O’Rear at 830-997-2533, e-mail tnjocole@austin.rr.com or visit www.walktx.org/AVA1/.

‘Kid Kick-It 3v3’ national soccer tour

The Sports Illustrated “Kids Kick-It 3v3 Tour” will be June 10 and 11 from 9 a.m. to 5 p.m. at “Pepsi Soccer Texas,” located at 255 Maske Road in Schertz, Texas. This event will provide an opportunity to compete for the title of World Champions at Disney’s Wide World of Sports in Florida. The deadline to register is midnight Sunday. For more information and to download the registration form, visit www.3v3soccer.com/.

Tuskegee Airmen awards banquet

The San Antonio Chapter of the Tuskegee Airmen, Inc. will host its annual educational assistance awards banquet June 10 at 6 p.m. at the Randolph Air Force Base Enlisted Club. Keynote speaker is former Air Combat Command and Air Education and Training Command commander, retired Gen. Hal M. Hornburg. Tuskegee Airmen, Inc. is a national non-profit organization dedicated to preserving the history of those who participated in the Tuskegee experience during World War II. For more information, call Master Sgt. Marv Abrams at 421-2485 or Maurice Ripley at 286-2009.

The Army Birthday Ball

The 2006 Army Birthday Ball will be held June 10 at the Hilton Washington Hotel in Washington, D.C. Formal attire is required. The ball celebrates the Army’s 231st birthday and is open to Soldiers, family, Department of the Army civilians, retirees and veterans. For more information and online registration, visit www.army.mil/ako.

Juneteeth celebration

St. Phillip’s College will host a Juneteenth celebration June 19 at 9:30 a.m. in the Watson Fine Arts Center theater. Former Dallas Mayor Ron Kirk will be the keynote speaker. The event is free and open to the public. For more information, call 531-3260.

Training

Military intelligence recruiting

The 6th Battalion, U.S. Army Reserve, seeks Soldiers to fill military intelligence positions at Camp Bullis. For more information, call Sgt. 1st Class Barbara Richardson at 295-7629.

Army health care recruiting

A health care professional’s greatest calling is to serve the Soldiers who defend our nation’s freedom. The U.S. Army offers virtually every health care specialty found in the civilian sector. Call an Army health care recruiter to learn about opportunities for

direct commissions, scholarships, internships and residencies at 692-7376 or visit www.healthcare.goarmy.com.

Army physician assistant program

The U.S. Army is looking for qualified Soldiers to attend the Interservice Physician Assistant Program at the Army Medical Department Center and School at Fort Sam Houston. Graduates of the course receive a commission as a second lieutenant and a master’s degree from the University of Nebraska. For application procedures, reference Army Regulation 601-20, The Interservice Physician Assistant Training Program, or visit www.cs.amedd.army.mil/ipap. Local Army education centers can also assist applicants. For more information, call 502-626-0386, DSN 536-0386, 800-223-3735, ext. 6-0386 or e-mail ipap@usarec.army.mil.

Army online training

Army e-Learning is available for all Army personnel. People can access more than 2,600 distance learning courses to include business skills, interpersonal skills, computer professional and computer user skills, environmental, safety and health courses, 29 foreign languages and more than 80 information technology vendor certification exams. Army e-Learning offers personal mentoring for most IT certifications, in addition to promotion points and college credits. Also included is temporary access to more than 8,000 online books so people can assess their value to the workforce. This is a free service. For more information, visit https://usarmy.skillport.com/rkusarmy/login/usarmylogin.cfm.

Webster University

The Webster University staff is available for all military personnel interested in pursuing a master’s degree. Registration is currently under way for the summer session, which begins Saturday. The Webster office is located in the Army Education Center, Building 2248, and is open Monday through Friday from 7:30 a.m. to 4 p.m. For more information, call 226-3373.

St. Mary’s University education office

A St. Mary’s University representative is available Monday through Thursday from 8:30 a.m. to 4 p.m. and Fridays from 8:30 a.m. to 12:30 p.m. in Building 2248, Room 206, to assist individuals interested in a master’s degree in teacher certification. For more information, call Iona Million at 226-3360.

Help with career transitioning

Employment Readiness has computer software to help people find out more about their skills and abilities and the decision-making process that takes place during a job search. The software helps match personality with a particular career field. A valid military family member ID card is required. For more information, call Gabriele Dias at 221-0516 or Jennifer Swiger at 221-0427.

Free training available

The Human Relations/Equal Employment Opportunity Office offers the following classes available at no charge: Prevention of Sexual Harassment, Diversity, Basic EEO, Disability Etiquette, Communicating with Hearing Instrument Users, Reasonable Accommodation Procedures and Communicating Effectively. For more information or to schedule a class, call Marie Jangaon at 221-9194 or Glennis Ribblett at 221-9401.

GED classes offered

General Equivalency Diploma classes are offered Mondays and Wednesdays from 6 to 8:30 p.m. in the Roadrunner Community Center, Building 2797, Stanley Road. Sessions are free and open to all military and family members with ID cards. For more information or to register, call Gabriele Dias at 221-0516 or Jennifer Swiger at 221-0427.

Meetings

Sergeants Major Association

The Fort Sam Houston Sergeants Major Association will meet June 15 at 5 p.m. in the Sam Houston Club. All active duty and retired sergeants major and command sergeants major (E-9 from all services) are welcome to participate in this community-based fraternal association. For more information, call Command Sgt. Maj. Timothy Burke at 221-8050 or Command Sgt. Maj. Stephen Paskos at 221-1676.

BAMC chess club

The Brooke Army Medical Center chess club meets Wednesdays from 5 to 7:30 p.m. in the BAMC Medical Mall. The club is open to military and their dependents, civilians and patients; experience is not necessary. People can bring a chess set, or sets can be provided on site. For more information, call Sgt. Michael Veri at 513-3435 or e-mail michael.veri@cen.amedd.army.mil.

Seamless Transition Program

The Seamless Transition Program is a collaboration between the Department of Defense and the Department of Veterans Affairs to ensure continuity and improved coordination of health care and benefits for “seriously disabled” service members returning from theaters of combat operations. “Seriously disabled” service members or their families may be entitled to VA benefits while on active duty and can receive case-managed care of their issues. For more information, visit Room 513-7 in Brooke Army Medical Center or call 916-7897.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meets the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee’s recommendations to improve single Soldiers’ Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Micaela Reyes at 221-8947.

Volunteer

Mentors needed

The Army Family Team Building Program and the Fort Sam Houston Mentor Program are recruiting volunteers. Volunteers will be trained as master trainers, volunteer instructor trainers and program administrators. Mentoring positions are also available. The AFTB provides information and everyday life skills that lead to personal and family preparedness for the challenges of the Army mission. For more information, call Kim Taylor at 221-0921 or e-mail Kimberly.taylor2@samhouston.army.mil.

VFW Post seeks American flags

The Veterans of Foreign Wars Post 4700 is seeking donations of used American flags for their retirement flag ceremony. Drop off flags at the VFW Post 4700 between 2 and 8 p.m. daily. For more information, call Robert De La Vega at 833-8563. The ceremony will be held Flag Day, June 14, at 7 p.m. on the grounds of VFW Post 4700, 2219 Frio City Road.

Post volunteers needed

The Fort Sam Houston American Red Cross Chapter, the Mentor Program and Cub Scout Pack are in need of volunteers. These programs touch the lives of individuals from the Brooke Army Medical Center and youth on Fort Sam Houston and the surrounding school district. Volunteer programs on Fort Sam Houston help enhance and augment programs and organizations. For more information, call Kim Taylor at 221-0921 or e-mail Kimberly.taylor2@samhouston.army.mil.

Children’s Shelter seeks families

The Children’s Shelter seeks new foster and adoptive parents to care for children in

Texas. Children’s ages range from newborn to 17 years old. The Children’s Shelter is a nationally accredited agency that provides a safe haven and emergency care for children who have been abused, abandoned or neglected. For more information, call Alejandra Chavez at 212-2500, ext. 6701 or e-mail achavez@chshel.org.

Dental program seeks patients

The periodontics department at the Dunn Dental Clinic on Lackland Air Force Base is currently screening patients for dental care. Patrons who have been told by their military or civilian general dentist that they need periodontal therapy can be evaluated. To schedule an evaluation, people can have their general dentist fax a consultation to the periodontics department at 292-3338. For more information, call 292-6365.

Shaving bumps research study

The Wilford Hall Medical Center needs volunteers to participate in a clinical research study to determine a safe and effective topical treatment of Pseudofolliculitis Barbae of the Beard. Eligible participants must be male, at least 18 years old, in good health, have a stable shaving regime, have qualifying PFB at baseline and must be able to make seven outpatient visits to the WHMC Dermatology Clinic. Participants must be eligible to receive medical benefits. For more information, call Rosemary Wells at 292-0329 or page 230-0154.

Girls, Boys Town seeks mentors

Father Flanagan’s Girls and Boys Town of San Antonio is looking for volunteer mentors to help children improve their reading skills. For more information, call 271-1010 or e-mail chavezm@girlsandboystown.org.

Cub Scouts seeks volunteers

Cub Scout Pack 23 is accepting applications for den leaders and committee members. Volunteers do not have to be parents of scouts. For more information, call Eric Craig at 683-3469.

Essay contest

Kraft Foods “Salute to Military Families” program is sponsoring a youth essay contest that will award three \$1,000 U.S. Savings Bonds to military youth in the San Antonio area. The essay cannot exceed 1,000 words and must be written by the military child on the topic of “The Person I Admire.” The contest is open to military children 18 years old and younger. “Salute to Military Families” is sponsored by Kraft Foods and Milk Bone, Post Cereals and Oscar Mayer products. Essays should be postmarked before Aug. 1 and mailed to the San Antonio Missions Baseball Club, Post Cereal Youth Essay Contest, 5757 Highway 90 West, San Antonio, Texas, 78277. For more information, call 675-7275 or 221-2606.

Missions bat boy, girl program

Kraft Foods is looking for military children to participate in its honorary bat boy and girl program. Honorary bat boys and girls receive a San Antonio Missions baseball cap and T-shirt, tickets for their families to attend the game, and will participate in opening ceremonies on the field at home games Fridays, Saturdays and Sundays. The program is open to youth 18 years old and younger who are authorized to use the Defense Commissary Agency and Morale, Welfare and Recreation programs. Youth interested in participating must register by mailing a postcard to the San Antonio Missions Baseball Club, Kraft Singles Honorary Bat Boy, 5757 Highway 90 West, San Antonio, Texas 78277. For more information, call 675-7275 or 221-2606.

Canine assistant program

Kraft Foods will offer a canine assistant to military families with a member who qualifies to have one. These specially trained dogs assist people with disabilities and cost nearly \$15,000. Kraft pays the entire cost. For more information, call 675-7275 or 221-2606.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail to **news.leader@samhouston.army.mil** or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



For Sale: Whirlpool refrigerator, 18.2 cubic feet, top freezer, frost free with humidity-controlled crisper, white, \$300. Call 381-1275.

For Sale: Sixteen-foot boat and trailer, 50-hp electric-start motor, includes trolling motor, boat cover, anchor, two gas tanks, \$1,000. Call 630-0163 or 277-7175 evenings.

For Sale: 1995 Mazda MX-6, V6, pearl white, standard, ac, AM/FM, CD player, in good condition, \$4,000 obo; Pomeranian, black and white, nine weeks, first shots and de-wormed, \$350. Call 878-7338 or 878-7335.

For Sale: 1999 Chevy Astrovan, green, 56,000 miles, security system installed,

new tires, \$13,000 obo. Call 662-0091.

For Sale: Trampoline, safety pad, in good condition, \$50. Call 271-3661.

For Sale: Twin bed with frame, \$75; two-seat premium jogging stroller, \$40. Call Eric or Cristina at 878-6824.

For Sale: 2003 Honda 50, in good condition, \$685; 4-foot chain link fence, 160 feet total, includes gate, poles and hardware, \$150. Call 659-2987.

For Sale: 1996 Dodge Ram 1500 truck, 95,000 miles, green and gray color, automatic, side exhaust with flow masters, two-wheel drive, Pathfinder Sport SUV tires, \$6,500. Call 497-8534.

For Sale: 2003 Toyota Tacoma rims, new, \$150 obo; washer and dryer set,

\$150. Call 680-1079.

For Sale: Twin bed mattress with box spring and frame, \$75; new queen bed with box spring, \$225; kitchen table with four chairs, \$25; queen size bedroom set with mattress, two night stands and dresser with no mirror, \$225. Call 832-8128.

For Sale: Dining room table with leaves, four chairs, china hutch and base, \$400 set; king size mattress and box springs, \$200 set; twin mattress with box spring, \$75; area rug, green and beige design, large, 9 feet by 6 feet with small matching rug, \$25 set; beige area rug, 9 feet by 12 feet, \$35. Call 748-9921.

For Sale: 2002 steel box trailer, 6 feet wide by 8 feet long by 12 feet high, fully

enclosed, dual axle with electric brakes, \$1,750. Call 557-0079.

For Sale: MTX car system, includes one 500-watt, two channel thunder amp and two 10-inch MTX speakers with speaker box, \$2,000; sectional couch, two reclining chairs, hide-a-bed, \$400; bedroom set includes king size head board and dresser with mirror, white wash oak, \$800. Call 538-8391.

For Sale: One Goodyear Eagle-RH, RWL tire, size P225/70-15, \$45 obo; two cherry bomb mufflers, 2.5-inch inlet with 2-inch outlet, \$25 pair. Call 221-1020 days or 494-8401 evenings.

Free: Dodge Ram truck bed liner, under the rail style, short cab for 2002-2006 models. Call Roger at 590-1953.